

## Catch the Reading Bug 2007 – Week Two

**Sub-theme:** Germy Bugs

**Title:** Germ Storytime

**Age:** Ages 4 – 6 years

**Duration:** 45 minutes to 1 hour

**Submitted by:** Susan Andrews, Surrey Public Library

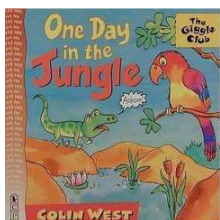
### Procedure:

Choose a variety of the following activities that suit your location and resources.

1. When introducing the storytime, ask the children what happens when they are sick or have the flu. Prior to storytime, put a spray bottle in a puppet's mouth (make an opening in the back of the puppet's mouth) to demonstrate sneezing. Then say, "When we all sneeze, you can see the 'germs' that come out." Do this many times, then cover the puppet's mouth to demonstrate that germs don't come out when you cover your mouth.

### 2. Read

One Day in the Jungle by Colin West (the animals' sneezes get louder & louder – have the children participate along with you).



Or read other favourite books, such as:

- Rachel Fister's Blister by Amy MacDonald
- Walter the Farting Dog by William Kotzwinkle
- Mucky Moose by Jonathan Allen
- Stinky Cheese Man and Other Fairly Stupid Tales by Jon Scieszka

### 3. Sing the Song:

GERMS GO DOWN THE DRAIN  
(Tune: "Row, Row, Row Your Boat")  
Wash, wash, wash your hands!  
Play my handy game.  
Rub and scrub and rub and scrub.  
Germs go down the drain!  
(Repeat with other body parts.)

FIVE NASTY GERMS

Five nasty germs going out to play  
Along came the water and washed one away!  
Four nasty germs trying to have some fun  
Along came the soap and one had to run!  
Three nasty germs trying to make you sick  
Along came the scrubbing and said  
"You're not going to stick!"  
Two nasty germs got into a fight  
Along came the rinse and washed one out of sight!  
One nasty germ thought it couldn't be seen  
Along came the towel and your hand is nice and clean!

#### NOSE ON MY FACE

*(Tune: Wheels on the Bus)*

The nose on my face goes sniff, sniff, sniff  
Sniff, sniff, sniff; sniff, sniff, sniff.  
The nose on my face goes sniff, sniff, sniff;  
When I have a cold.  
The tears in my eyes drop, drop, drop  
The mouth on my face goes hey-choo, hey-choo  
The eyebrows on my face go up and down

#### 4. Storytelling

Harold's Runaway Nose by Harriet Sonnenschein:

Draw a picture of Harold, minus his nose (fairly easy to copy), laminate it, and put a loop of velcro on it for the flannel board. Then make Harold's nose without a cold, with a cold, the rose, bird, and berry he thinks are his nose, and teardrops and then laminate all. As you read the book, attach and remove the pieces that go on his face (using poster putty) at the appropriate time.

#### 5. Sing some of these songs:

##### THIS IS THE WAY WE WASH OUR HANDS

*(Tune: We Go 'Round the Mulberry Bush)*

This is the way we wash our hands

*(Pretend to wash hands.)*

Wash our hands

Wash our hands

This is the way we wash our hands

To keep our bodies healthy

This is the way we eat good food

Eat good food

Eat good food

This is the way we eat good food

To keep our bodies healthy

##### OLD MACDONALD HAD A COLD

Old Macdonald had a cold, eieio

And with that cold he had to sneeze, eieieo

With a sneeze-sneeze here...

With a cough-cough here...  
With a headache here...  
With a tummy-ache here...  
Last verse: old Macdonald took some medicine, eieio  
And after the medicine he felt much better, eieio  
No more sneeze  
No more cough  
No more headache  
No more tummy-ache  
Old Macdonald is all better, eieio

#### IF YOU'VE GOT TO SNEEZE

*(Tune: If You're Happy and You Know It)*

If you've got to sneeze, do it loud! (Ah-choo!)  
If you've got to sneeze, do it loud! (Ah-choo!)  
If you've got to sneeze,  
If you've really got to sneeze,  
If you've got to sneeze do it loud! (Ah-choo!)  
...Do it soft!  
...Do it high! ...Do it low!  
...Do it slow! ...Do it fast!

#### 6. Tell Puppet/Felt Story:

I KNOW AN OLD LADY WHO SWALLOWED A FLY  
I know an old lady who swallowed a fly  
I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a spider  
That wriggled and ticked and jiggled inside her.  
She swallowed the spider to catch the fly.  
But I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a bird  
How absurd to swallow a bird  
She swallowed the bird to catch the spider  
That wriggled and ticked and jiggled inside her.  
But I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a cat  
Fancy that, she swallowed a cat.  
She swallowed the cat to catch the bird.  
She swallowed the bird to catch the spider.  
That wriggled and ticked and jiggled inside her.  
But I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a dog

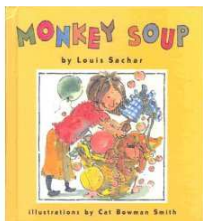
What a hog to swallow a dog  
She swallowed the dog to catch the cat.  
She swallowed the cat to catch the bird.  
She swallowed the bird to catch the spider.  
That wriggled and ticked and jiggled inside her.  
But I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a cow  
I don't know how she swallowed a cow.  
She swallowed the cow to catch the dog.  
She swallowed the dog to catch the cat.  
She swallowed the cat to catch the bird.  
She swallowed the bird to catch the spider.  
That wriggled and ticked and jiggled inside her.  
But I don't know why she swallowed a fly.  
Perhaps she'll die.

I know an old lady who swallowed a horse  
She died of course.

## 7. Tell the story:

Monkey Soup by Louis Sachar



**Props:** basket or Soup Pot, Band-Aids, Balloons, Crayons, Tissue Box, Blanket, Shirt with Buttons, Bottle of Bubbles, Bar of Soap, Toothbrush, Napkin, Monkey, Broom (to stir)

**Story:** My daddy is sick in bed. He can blow his nose louder than anyone in the world. I wish I could blow my nose that loud. Mommy is making him chicken soup. She says that will make him feel better. I'm making him soup, too. (*bring out basket or soup pot and add things as listed*). I put Band-Aids in my soup. Band-Aids always make me feel better. Mommy adds carrots to her soup. I add Balloons to my soup. Balloons make me happy. When daddy is sick, his face turns pale. He needs more color in his face. So I put Crayons in the soup too. Monkey is helping me. Monkey says, "Ooooh-oooh, eeee-eeee, ahhh-ahhh." Daddy taught him to say that. Monkey wants Daddy to feel better too. Daddy's door is closed, but I can still hear him sneeze. We'd better put tissues in the soup, Monkey. I'll put my Blanket in the soup to keep Daddy warm. Grandma gave me this shirt. It has lots of Buttons. The buttons will make the soup taste delicious. Bubbles make me laugh. Daddy blows big bubbles, and I try to pop them. Poor Daddy can't blow bubbles today. I'll put some into the soup. I wash my hands before I eat. I brush my teeth after I eat. Daddy shouldn't get out of bed, so I'll put a Bar of Soap and my Toothbrush in the soup. I put a Napkin in the soup so in case it spills it won't make a mess. What else? Monkey wants to go in the soup too! Mommy stirs her chicken soup with a big wooden spoon. I stir my Monkey soup with a broom. I take it to Daddy. I hope he likes it. Have some Monkey soup, Daddy. It's good for you. It will make you feel all better.

Daddy likes it. "Delicious!" he says. "I feel all better." AAAAAACHOOOOOOOOOOOOO!!!!  
Bless you, Daddy.

Or read the book:

A Bad Case of Stripes by David Shannon. Then encourage children to do self-portraits with stripes, stars, polka dots, etc.

## 8. Craft activities to try:

### A) GLITTER GERMS

After explaining to your children what germs are, tell them that you are going to pretend that glitter is germs. Put glitter on your hand and shake a child's hand. Show the children how that child now has your germs. Let that child shake another child's hand. Continue until all children have glitter on their hands. Then one at a time have your children wash their hands and show them how the germs (glitter) have disappeared. You may want to do this outside or over a sink.

### B) CHICKEN POX

Materials Needed:

- Large Paper
- Paint
- Markers/Crayons
- Various Art Supplies of Your Choice

Instructions:

Trace your children on large pieces of paper. Cut out the shape and add chicken pox marks by decorating with red stickers or markers. For added fun, let them use pink paint as Calamine lotion.

## 9. Movies:

- Just Awful (8 min.)
- Strega Nona (9 min.)

## Resources:

### Websites:

- The following website has a Scrubby Bear Campaign with lots of ideas that you could incorporate into a healthy storytime (Scrubby Bear says, "Don't get sick, Wash up quick!") There is also a video online with Scrubby explaining the importance of washing hands that features "The Germ Song"--a rap song that could also be done as a chant (if you don't want to watch the video, have the kids make rhythm sounds while you rap--they'll quickly figure out how to join in). The website provides lesson plans and activities (including a Make up your Own Germ art sheet).  
<http://www.thinkbright.org/Families/viewResource.asp?contentid=4199>
- Here is a coloring page about washing hands and a chant "Washing hands can be fun, fun, fun. Germs on the run, run, run..." <http://www.foodsafety.gov/~fsg/f02germs.html>

- Preschool Health Theme: <http://www.everythingpreschool.com/themes/health/index.htm>
- World of Germs: [http://www.healthyhands.com/educator/grades\\_pre\\_2.htm](http://www.healthyhands.com/educator/grades_pre_2.htm)